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# *Erasmus+ project KA122-VET "Internationalization Students' and Teachers' Task Force"*

Job shadowing IES CALVIA –Palma de Mallorca .  
Teacher: Elena Marangione 22-27 march 2022

**LOCATION/SCHOOL CHOICE**

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IES Calvià Secondary School is situated in the town of Calvià, about 20 minutes by car from Palma de Maiorca. The school hosts students from 12-16 at ESO, **Educación Secundaria Obligatoria** (compulsory education) followed by upper secondary education (Bachillerato) or Vocational education (Formació professional) for another 2 years. Bachillerato allows you to enter university before an exam to be taken at the end of secondary school – **Selectividad**.





VET



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When choosing a VET you can aim at 3 different degree levels, basic, middle and superior. The **basic** degree, addressed to students 15-17 who haven't finished ESO, gives a choice between Cook and Waiter training. The **middle** degree requires ESO or Basic degree to access and gives a choice between Cook, Waiter and Administration. Basic and Middle degrees include internship. The last one, **superior** degree, gives the best options in terms of choice: Administration, Hotel Management, Marketing, Cook Director.





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## School hours

Since school starts at 8:00 a.m and finishes at 2:00 p.m. there are two breaks. The first lasts for half an hour and allows students to meet in the yard, stretch their legs and eat something and the same is for teachers. There's even a ten minutes' time for teachers' meditation for those who are interested and willing to practice.



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## Emotional intelligence

One of the main focus of IES Calvià is that teachers agree that the **STUDENT** is at the center of the learning process and it's therefore essential to be familiar with his main features, strength and weaknesses, abilities, difficulties to respond in a functional way to his needs and help him develop his potential. Emotional and cognitive approach awareness help the learning process and increase students' motivation.





## Emotional intelligence



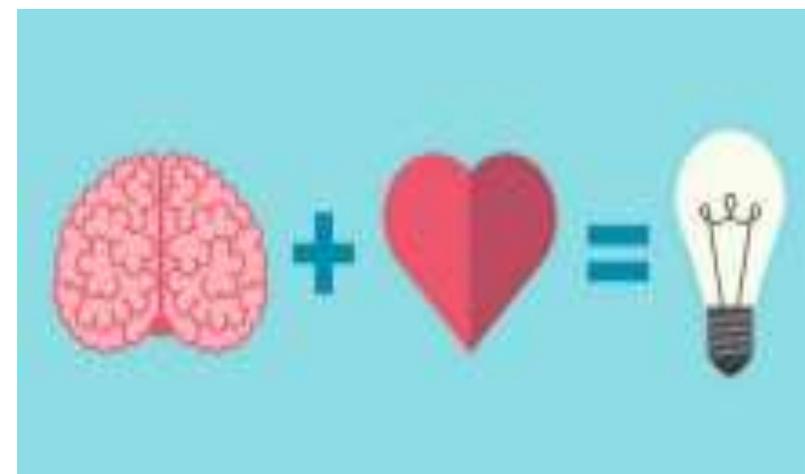
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Emotional intelligence and education are also fundamental as they help getting to know oneself, dealing with different situations, know one's' emotions and establish relationships. This also helps in conflicts and problem resolution, raising self confidence, empathy, motivation.

That is why it is essential to work on the same level with knowledge (cognitive intelligence) and emotions (emotional intelligence). Recent studies in fact, show that teaching by valuing

the social, family and personal situation that surround a student, imply an improvement, greater motivation and is the key to students' educational success.





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## EDEMIND

Part of this plan, EDEMIND, are mindfulness lessons that help focussing, relaxing, concentrating and control/reduce anxiety.

I then took part in some Mindfulness lessons. Teachers who feel like it, devote a couple of hours a week to this and students take it seriously and express their feelings sharing thoughts with teacher and schoolmates.

## Video EDEMIND

<https://youtu.be/tZq61QmvmnQQ>





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## MY MOBILITY EXPERIENCE

My time at IES Calvià gave me the opportunity to audit some classes and also teaching one lesson at the Vocational school for Cooks.

I started auditing some first and last year classes of Bachillerato and, being an English teacher, it was so interesting to observe, share materials after participating in language sessions and checking out some of their past final exams, that I'm going to use with my last year students in Milan.

Classes are big but there is attention and participation for this part of the school that guides students to University after final exams.





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## CHROMEBOOKS PROJECTS

What really caught my attention were a couple of lessons I attended at ESO, where students 14-16 have no books but are equipped with Chrome books. That allows them to develop projects in groups after being presented with new materials through PPT or on the web or with copies of texts. In the English class there are 2 teachers working together and I was impressed by their ability to coordinate the work and follow the students who really enjoyed what they were doing. The atmosphere was so full of good energy and enthusiasm to be absolutely inspiring.





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## Salsa Lesson

On Friday , Gym is a salsa lesson outside where groups of students get ready to dance in a very orderly way .

**So liberating !**





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## DISSEMINATION AND IMPACT

I have already used some of the English papers, used in Calvià, in my classes and I've started introducing students to short sessions of Edemind. I'm aiming to use it more during the next school year in some classes. I'm also thinking about how to create a better impact among teachers as regards a deeper care of students welfare.

